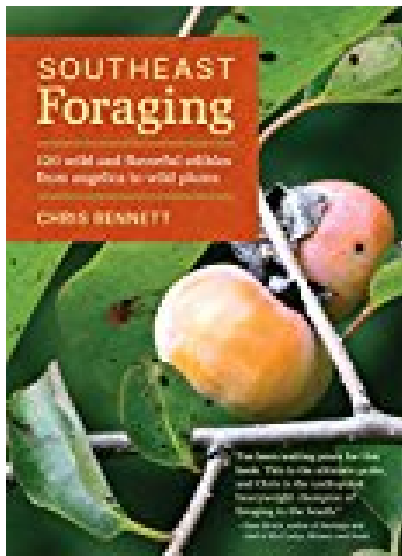


Southeast Foraging 120 Wild and Flavorful Edibles from Angelica to Wild Plums Regional Foraging Series



BOOK DETAILS

- Author : Chris Bennett
- Pages : 296 Pages
- Publisher : Timber Press
- Language : English
- ISBN : 1604694998

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BOOK SYNOPSIS

From seashores and riverbanks to mountains, valleys, and overgrown fields, the beautiful Southeast is rich in wild edibles. Forager, farmer, teacher, and chef Chris Bennett helps you find the most delicious plants—from delectable wild greens, like the often-overlooked sweet, fan-shaped leaves of common mallow to wild hazelnuts, hickory nuts, and fruity black walnuts. Try making syrup from summer's honeysuckle blooms, simmer a rosehip jam, or pickle some blackberries in vinegar to spark up a savory dish. Whether you venture out on the water for cattail corndogs and wild rice or stay close to home for the candy-crunch of hackberry fruits, this book will help you find an abundance of wild plants right outside your door.

SOUTHEAST FORAGING 120 WILD AND FLAVORFUL EDIBLES FROM ANGELICA TO WILD PLUMS REGIONAL FORAGING SERIES

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